

# PLAY

## - Parent's Handbook -

**July 23 - 27th, 2018**  
**St. Mary's High School, Brockville**

**Sports Include: Floor Hockey, Basketball, Soccer, Soccer Baseball, Touch Football, Running, Dodgeball, Fitness, Handball, Games of Low Organization & More!**

- ✓ Make sure your son/daughter comes prepared each morning for the day. This includes: proper footwear, water bottle, sunscreen, lunch (except Friday), snacks, shorts, T-shirts, medication, etc. I will be supplying all equipment needed for the kids. Double check at pick up with the coaches to see if there is any specific your child will need for the following day.
- ✓ Drop off is anywhere between 8:30 - 9:00am \* \* \*If there is a need for early drop off, please make me aware of it by email. Please enter through southside main entrance.
- ✓ Pickup is anywhere between 4:00 - 4:30pm. Pick up will in the same location as drop off.
- ✓ Please be sure to pack a good healthy lunch for your child, as the afternoons could get tiring if they are not eating healthy. The kids will not have access to a microwave, oven, or refrigerator, so please pack accordingly. There will be a daily snack/treat provided late afternoon for the kids as well.
- ✓ Please give any medication to your child before sending them to camp if possible. If not, please put it in a safe spot, and send a note with them to remind them or me of when to take it.
- ✓ Parents will be asked to sign their child in each morning when they arrive and sign them out in the evening when leaving. This will ensure all kids are safe and accounted for. Kids will NOT be permitted to leave the school grounds during the day unless with a parent or approved guardian.
- ✓ When kids arrive in the morning; they will have the opportunity to PLAY or socialize with others until the day gets started. Each day will start with a team meeting, followed by some stretching and warm-up activities.



✓ Volunteers will include local athletes that have been previously coached by me. There will be a minimum of an 8:1 ratio. These athletes have been chosen based on their ability to work with kids and promote fun, safe athletics.

✓ I will be taking photos throughout the week, so if anyone has an issue with this, please let me know, so I will not include their child in any of the photos.

✓ Unfortunately, weather and unforeseen circumstances can often play a huge factor in sports and games. Because of this, scheduling might have to be altered at the last moment at my discretion. Please be patient and understand that the change was needed.

✓ Safety and having fun are the two main requirements of this camp. Please talk to your son/daughter about the importance of following instructions, listening, acting in responsible ways and playing for fun in advance to the week. Your child has the right to feel safe and secure (both physically and emotionally) at camp. It is their responsibility to listen when others are talking; show self-control at all times, keeping hands and feet to themselves, playing safely and cooperatively; respect themselves, others, the environment and the property; be polite, honest, use appropriate language and good manners.

✓ Any electronics that come to camp will be at the RISK of the child/family. I would strongly suggest that they stay at home!

✓ Just a quick reminder that if paying by check, it is made out to Chris Veltkamp or PLAY Sports. Email transfer is also accepted ([cveltkamp76@gmail.com](mailto:cveltkamp76@gmail.com))

✓ Lunch will be provided on Friday, pizza, snacks & drinks!

\*\*\*If you have any questions, please do not hesitate to contact me or any of the other coaches throughout the week. Hope your child has a great experience this week!!

**Chris Veltkamp**  
**Director of Sports**  
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